

CURRICULUM VITAE

TRINAY V. THOMAS, MSW, LCSW

ASSISTANT PROFESSOR OF TEACHING (ASSOCIATE DIRECTOR OF PRACTICUM LEARNING, NEWARK)

Rutgers School of Social Work

Newark Campus

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EDUCATION

1999 M.S.W. Rutgers University, School of Social Work, New Brunswick, NJ

1995 B.S. Rutgers University, Newark College of Arts and Sciences Newark, NJ

POST GRADUATE CLINICAL TRAINING

2001 New Jersey Psychiatric Screener Certification Program

(formally referred to as) Mental Health Screener Certification

2005 Clinical Supervision Certification Program

2021 Eye Movement Desensitization Reprocessing (EMDR) Training, River Edge Institute

ACADEMIC AND LEADERSHIP POSITIONS

Rutgers School of Social Work

2013-Present **Assistant Professor of Teaching (Associate Director of Practicum Learning, Newark)**

- Lead, guide, support and direct the coordination of practicum placements for more than 250+ MSW/BSW students.
- Supervise (2) full time MSW professionals. Our practicum coordinator and our program coordinator.
- Supervise (25) part-time MSW practicum learning staff that consist of practicum liaisons and off-site practicum instructors.

- Coordinate practicum education and placements for assigned campuses/programs and assign practicum placements to students in a timely and efficient manner.
- Review recordings, attendance and MSW practicum supervisor evaluations and assign practicum grades.
- Liaise with supervisors for MSW and agencies to ensure requirements are being met and hours attained.
- Resolve student practicum issues in a proactive and timely manner.
- Coordinate recruitment, training and evaluation of off-site practicum instructors and practicum placements and maintain regular and timely communication.
- Coordinate the ongoing relationship between SSW and practicum agencies.
- Develop new practicum sites and collaborate with community partners.
- Facilitate practicum preparation workshops for students and staff.
- Facilitate training on Title IX for all Newark Practicum Staff.
- Facilitate Monthly Newark Practicum Meeting to provide consultation, supervision and discuss practicum programmatic issues, policies and student concerns.
- Monitor student progress in accordance with the CSWE core competencies and practice behaviors.
- Closely monitor students' progress in the Practicum Canvas course shells.
- Troubleshoot and resolve student problems in a proactive and timely manner.
- Meet with students that are at risk of failing practicum. Explore the challenges and create in-depth problem-solving strategies, to address issues in practicum or strengthen their performance in practicum.
- Grade Seminar in Practicum Instruction (SIFI) as required.
- Attend practicum education and other meetings regularly and as requested.
- Attend professional development activities related to teaching and curriculum development.
- Represent Practicum at events and presentations, including student orientation, new student open, and other student events (some weekend, night hours may be required)

Rutgers School of Social Work

2023-Present **Campus Coordinator, Newark**

- Under the direction of the Dean of the School of Social Work and the Directors of the Master's and/or Bachelors of Social Work, serve as the lead representative for SSW on the assigned campus. This includes attendance at open houses, alumni events, and other SSW programs, as well as campus specific events where SSW should be represented.
- Advise the Dean and Faculty on campus-specific issues.
- Provide leadership to the assigned SSW off-site location by supporting the campus team in creating a positive organizational culture, by supervising the site's administrative assistant, and ensuring that program-specific issues are referred to the appropriate SSW group (e.g. Admissions, Student Affairs, the Field Office, and the Office of Academic Affairs.) Must engage with prospective and current students.
- Oversee, in collaboration with the Associate Dean for Administration and Finance, and with the assistance of the administrative assistant, the physical infrastructure for SSW space, including trouble-shooting IT, maintenance, and other facilities.
- Develop and maintain strong networks across campus departments/units to advance the visibility and inclusion of SSW in campus life (e.g. research and grant activities, campus and community events, and opportunities to connect SSW students with the larger campus community, etc.).
- Develop and maintain strong community networks in the city and region, including those with civic groups, professional groups and associations and local social service organizations.
- Participate on the Reaffirmation Team as SSW prepares for re-accreditation.
- Serve as elected and appointed on SSW faculty governance committees (e.g. curriculum committees, task forces, search committees, etc.)
- Provide support for the Graduate Student Association, the Student Services Team, and the MSW and BASW curriculum committees as they plan and execute programs for students on the assigned campus (e.g. incorporating support duties into the work flow of the administrative assistant, attending campus events, serving on planning committees, etc.)

Rutgers School of Social Work

3/2013-4/2013 Teaching Instructor(Practicum Learning Coordinator)

- Coordinated the intricate process of engaging agencies and assessing student skills to secure an enriching practicum placement for social work students in a timely and efficient manner.
- Engaged in regular and timely communication with students, liaisons, and practicum instructors.
- Taught practicum learning preparation workshops.
- Troubleshoot student practicum problems in a collaborative way with liaisons and respective agencies.

Essex County Community College

2008-2012

Social Work Adjunct Faculty, Social Services Division

Courses taught:

- Human and Social Services Field Work Internship
- Introduction to Social Services Policy and Procedures I
- Introduction to Sociology

2020-Present

Founder, The Good Healing Firm, LLC

Private Practice: Serving NJ,NY and FL

- Our private practice provides Cognitive Behavioral Therapy, Psychodynamic Psychotherapy and Eye Movement Desensitization Reprocessing Therapy to individuals experiencing anxiety, depression or trauma. Working with individuals from parts of the Caribbean, Asian and African Diasporas has become our specialty.
- Provide bi-weekly group and individual clinical supervision for LSWs and LMSWs in the State of New Jersey and New York.
- Create engaging online learning experiences, including continuing education course at the Good Healing Firm Collective, on Thinkific, a Learning Management System (LMS) where we teach, train and educate mental health professionals.

CLINICAL POSITIONS

2018-2020 **Clinical Supervisor/Needs Assessor, Part-time**

Supreme Consultants, Rutherford, NJ

- Provided clinical supervision for Behavioral Assistants(BA) and Masters level Clinicians/LSWs, Intensive In- Community Clinicians(IIC) staff.
- Read, review and provide feedback and direction on treatment plans that IICs develop for clients on their caseload.
- Supported IICs in creating interventions that support the social, emotional, and psychological goals set forth in their treatment plans.
- Ensured that BAs meet their regulatory requirements and required trainings. Directly observed and/or tracked BAs completion of core competency training.
- Verified BA's training attendance and core competencies in the BA Training Certification Online System.
- Completed Strengths and Needs Assessment with clients and caregivers to assess presenting issues of identified clients based upon referrals from Perform Care.
- Assessed in depth the strength, needs and symptomatology of clients and provide a DSM 5 diagnosis.
- Created treatment recommendations and provide referrals to clients and caregivers to complete the Needs Assessment experience

2001-2005 **Psychiatric Social Worker, Per Diem**

St. Joseph's Regional Medical Center, Crisis Intervention Unit, Emergency Department of Psychiatry, Paterson, NJ

- Engaged and assessed the level of risk/ safety for crisis patients that presented as a danger to themselves or others.
- Conducted Clinical Assessments with patients in psychiatric crisis.
- Consulted with Psychiatrist on patients presented in the Emergency Room with psychotic features, suicidal ideations, intent or plan and audio/visual hallucinations.

- 2001-2005 **Psychiatric Social Worker, Per Diem**
St. Joseph's Regional Medical Center, Crisis Intervention Unit, Emergency
Department of Psychiatry, Paterson, NJ
- Participated in the team decision making process with Psychiatrist regarding voluntary or involuntary admission for patients presenting in the Emergency Room.

- 1999-2001 **Clinical Social Worker 1999-2001**
St. Joseph's Regional Medical Center, Outpatient Mental Health Clinic,
Department of Psychiatry, Paterson, NJ
- Conducted psycho-social assessments and intake with various populations.
 - Provided individual and family therapy for children and their families who were experiencing symptoms of depression, oppositional/defiant behavior or attention deficit disorders.
 - Provided individual and family therapy for adults that were experiencing symptoms of depression, anxiety, suicidal/homicidal ideations and audio/visual hallucinations.
 - Provided case management services, connecting patients to appropriate community referrals and resources.

SOCIAL WORK POSITION

- 2001-2013 **School Social Worker**
Englewood Public Schools, Englewood, NJ
- Provided individual counseling, play therapy and crisis intervention for children, youth and adolescents in school settings.
 - Provided group counseling and social skills for children focusing on peer relationships, self-esteem building and increasing social-emotional language.
 - Supervised BSW student in the early childhood field, working with children with various different abilities.
 - Conducted Social Assessments with children to determine eligibility for special education services.
 - Created Individualized Education Plans(IEP) for children with various different abilities.

CONFERENCE PRESENTATIONS

1. Thomas, T., (2022) *Advanced Clinical Supervision: Integrating Diversity, Equity and Inclusion, supporting Decolonialization and Anti Racist Approaches to Clinical Supervision*. National Association of Social Workers, New Jersey Chapter, Annual Conference, Virtual.
2. Hiraldo, B., & Lamar, M., Schley, N., **Thomas, T.** (2021) *Using Simulation to Teach MSW Generalist MSW Students Engagement and Assessment Skills*, *Global Social Work Symposium*. Ramapo College of New Jersey. April 21–22, 2021, Virtual.
3. Lamar, M., **Thomas, T.** (2019) *Practicing Micro and Macro Social Work to End Firearms*, National Association of Social Workers Conference, Atlantic City, New Jersey, April 2019.

INVITED AND CONTINUING EDUCATION PRESENTATIONS

1. Thomas, T. (July 2025) *DSM-5-TR: An Overview Through the Lens of Intersectionality, Diversity, Equity, and Inclusion*. Spring Health. Continuing Education Program, Global, Virtual.
2. Thomas, T. (July 2024) *DSM-5-TR: An Overview Through the Lens of Intersectionality, Diversity, Equity, and Inclusion*. Rutgers University, School of Social Work. Continuing Education Department, New Jersey, Virtual.
3. Thomas, T. (March 2024) *Introduction to the DSM-5-TR*. National Association of Social Workers, NYC Chapter, New York, Virtual.
4. Thomas, T. (March 2023). *Advanced Clinical Supervision: Tips and Tools for Experienced Supervisors*. National Association of Social Workers, New Jersey Chapter., Virtual
5. Thomas, T. (October 2022) *Introduction to the DSM-5-TR*. National Association of Social Workers, NYC Chapter, New York, Virtual.
6. Thomas, T. (July 2022) *DSM: Upgrading from 5 to 5TR*. Rutgers University, School of Social Work. Continuing Education Department, New Jersey, Virtual.
7. Thomas, T. (June 2022) *DSM: Upgrading from 5 to 5TR*. Association of Caribbean Social Work Educators. A subdivision of Council on Social Work Educators, Caribbean Region, Virtual
8. Thomas, T. (June 2022) *DSM: Upgrading from 5 to 5TR*. The Good Healing Firm, LLC, International, Virtual.
9. Thomas, T. (April 2022) *DSM: Upgrading from 5 to 5TR*. Rutgers University, School of Social Work. Continuing Education Department, New Jersey, Virtual.

GUEST LECTURE

1. Thomas, T(May 2022). *Lecture: Insight on race relations, inequalities, racial prejudice and their intersection with issues of nationality, ethnic diversity, language, scholarship and social work professional experiences in the USA.* Department of Behavioural Sciences. University of The West Indies, St. Augustine Campus, Trinidad and Tobago, International, Virtual.

PROFESSIONAL AFFILIATIONS

- Founder, Mental Health Caribbean Collective
- Member, National Association of Social Workers
- Member, Clinicians of Color, Inc
- Member, Black Girls in Social Work

TEACHING EXPERIENCE

Graduate Courses- Rutgers University School of Social Work

- Clinical Assessment and Diagnosis-Fully Online, Asynchronous Model
- Practicum (Field) Skills Lab- On the Ground(OTG), Synchronous Live Model
- Clinical Social Work: School Settings- On The Ground (OTG)

Course Development: Rutgers School of Social Work

- 2018-Present:Play Therapy- On the ground (OTG), Intensive Weekend Format
- 2013-2020: Clinical Social Work: School Settings

Course Coordinator: Rutgers School of Social Work

- 2018- Present: Play Therapy- On the ground (OTG), Intensive Weekend Format
- 2013-2020-Clinical Social Work: School Settings

Associate Courses-Essex County Community College, Social Services Division

- Human and Social Services Field Work Internship
- Introduction to Social Services Policy and Procedures I
- Introduction to Sociology

ONLINE COURSES AND WORKSHOPS

- DSM-5-TR
- Advance Clinical Supervision: Integrating Diversity, Equity and Inclusion, supporting Decolonization and Anti Racist Approaches to Clinical Supervision.
- Multistate Licensure

COMMUNITY SERVICE

- More Than Friends, Inc Non-Profit Organization: Cancer Prevention Initiative
- Members of Women Empowered Democratic Organization
- Member of Mentor/Mentee Program for Recent MSW Graduates in Black Girls in Social Work, Inc,

SERVICE/PARTICIPATION TO THE RUTGERS UNIVERSITY COMMUNITY

- Voice in The Field, November 2022: Liberatory Consciousness
- Virtual Open House Princeton Theological Seminary October 2022
- Co-facilitated faculty discussion group for MSW Orientation
- Attended Voices in The Field Series: Serving Victims of Human Trafficking through Civil Legal Assistance, January 2022
- Attended Transgender Training Q&A by the Transgender Training Institute, September 2021.
- Attended SSW Graduation, May 2021
- Attended Voices in The Field Series: Can you hear me now? Staying connected in a time of disconnection, February 2021

SERVICE/ PARTICIPATION/SUPPORT WITHIN THE PROFESSIONAL COMMUNITY

- Member of Mentor/Mentee Program for Recent MSW Graduates in Black Girls in Social Work, Inc, 2020-Present
- Attended NASW-NJ Meeting with Board of Social Work Examiners Forum addressing Licensure Crisis in NJ.
- Attend Council on Compact discussion Social Work meeting

SOCIAL WORK LICENSE AND CERTIFICATIONS

Licensed Clinical Social Worker

State of New Jersey