

Jackie F. Stanmyre, MSW, PhD, LCSW, LCADC

Rutgers University School of Social Work
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EDUCATION

PhD, Social Work, Rutgers University (2024)
MSW, Rutgers University (2014)
Addiction Counselor Training (ACT) Certificate (2014)
BS, Magazine Journalism & Sport Management, Syracuse University (2008)

RESEARCH INTERESTS

Behavioral and co-occurring mental health and addictive disorders; Problem and disordered gambling; Gambling among disproportionately affected populations; Gambling among athletes and others involved in sports; Screening, intervention, and treatment.

ACADEMIC POSITIONS

Assistant Director
Center for Gambling Studies
Rutgers University School of Social Work
September 2019-Present

Research Associate, Non-Tenure Track
Rutgers University School of Social Work
September 2019-Present

Program Coordinator
Addiction Counselor Training (ACT) Certificate Program
Rutgers University School of Social Work
April 2018-August 2019

Teaching Instructor, Non-Tenure Track
Rutgers University School of Social Work
April 2018-August 2019

Program Coadjutant
Addiction Counselor Training (ACT) Certificate Program
Rutgers University School of Social Work
June 2017-December 2017

Research Assistant
Center for Gambling Studies
Rutgers University School of Social Work
September 2012-April 2014

PEER-REVIEWED PUBLICATIONS

Stanmyre, J. F. & Nower, L. (Under review). Problem gambling risk factors among athletes from an epidemiological sample: A latent class analysis. *Addiction Research and Theory*.

Stanmyre, J. F. & Nower, L. (Under review). Gambling, mental health, and substance use problems among athletes who coach sports from an epidemiological sample. *Journal of Gambling Studies*.

Pawlak, A. P., **Stanmyre, J. F.**, Simmons, E., & Economou, P. (Under revision). Evaluating player profiles: The psychometric properties of an instrument used with prospective American professional football athletes. *International Journal of Sport and Exercise Psychology*.

Stanmyre, J. F., Anthony, W. L., & Nower, L. (Under review). Not just for sport: A systematic review and meta-analysis of gambling, problem gambling, and risk factors among athletes. *Addiction*

Stanmyre, J. F., Nower, L., & Malkin, M. L. (2023). Problem gambling and sexual minority individuals: Evaluating influence of age and comorbid mental health and substance use problems. *Journal of Gambling Studies*. <https://doi.org/10.1007/s10899-023-10264-5>

Li Anthony, W., Mills, D. J., **Stanmyre, J. F.**, & Nower, L. (2023). Facets of mindfulness among video game players: A latent profile analysis. *Psychology of Addictive Behaviors*. <https://doi.org/10.1037/adb0000904>

Nower, L. Anthony, W. L., **Stanmyre, J. F.**, & Behan, D. (2022). Do you gamble? Gambling behavior, problem symptoms, and self-awareness among social workers and other mental health providers. *Journal of Evidence-Based Social Work*. <https://doi.org/10.1080/26408066.2022.2113581>

Nower, L., Anthony, W. L., **Stanmyre, J. F.** (2022). The intergenerational transmission of gambling and other addictive behaviors: Implications of the mediating effects of cross-addiction frequency and problems. *Addictive Behaviors*, 107460. <https://doi.org/10.1016/j.addbeh.2022.107460>

Nower, L. Anthony, W. L., **Stanmyre, J. F.**, & Behan, D. (2021). Gambling knowledge and experience among clinical social workers. *Journal of Social Work Practice in the Addictions*. <https://doi.org/10.1080/1533256X.2022.2059849>

Stanmyre, J. F., Mills, D. J., Anthony, W. L., & Nower, L. (2021). Mindfulness profiles among gamblers: Exploring differences in gambling behaviors, motivations, cognitions, and mental health. *Mindfulness*, 13(2), 339-350. <https://doi.org/10.1007/s12671-021-01791-6>

Stanmyre, J. F. (2019). Reflections in cultural humility: Seeing my whiteness. *Reflections: Narratives of Professional Helping*, 25(1), 11-15.

TECHNICAL REPORTS

Nower, L., **Stanmyre, J.F.,** Cho, S.R., & Peters, E.A. (2024). *Sports wagering in New Jersey: Calendar year 2021 report to the Division of Gaming Enforcement*. Authors

Nower, L., **Stanmyre, J.F.,** Cho, S.R., & Peters, E.A. (2024). *Internet gaming in New Jersey: Calendar year 2021 report to the Division of Gaming Enforcement*. Authors

Nower, L., **Stanmyre, J.F.,** & Anthony, V. (2023). *The prevalence of online and land-based gambling in New Jersey: Report to the New Jersey Division of Gaming Enforcement*. Authors

Nower, L., **Stanmyre, J.F.,** Cho, S.R., & Peters, E.A. (2023). *Sports wagering in New Jersey: Calendar year 2020 report to the Division of Gaming Enforcement*. Authors

Nower, L., **Stanmyre, J.F.,** Cho, S.R., & Peters, E.A. (2023). *Sports wagering in New Jersey: Calendar year 2019 report to the Division of Gaming Enforcement*. Authors

Nower, L., Cho, S.R., **Stanmyre, J.F.,** & Peters, E.A. (2022). *Internet gaming in New Jersey: Calendar year 2020 report to the Division of Gaming Enforcement*. Authors

Nower, L., Cho, S.R., **Stanmyre, J.F.,** & Peters, E.A. (2021). *Internet gaming in New Jersey: Calendar year 2019 report to the Division of Gaming Enforcement*. Authors

Nower, L., Mills, D., **Stanmyre, J.F.,** & Peters, E.A. (2020). *Internet gaming in New Jersey: Calendar year 2018 report to the Division of Gaming Enforcement*. Authors

GRANT ACTIVITY

FUNDED GRANTS

Gambling and college athletes and coaches: A mixed-methods study

\$21,331, Rutgers University Research Council, Multidisciplinary Collaborative Award
Principal Investigator (with Co-I Economou, Co-I Nower)
2025-Present

This study will use a mixed-methods design and a collaborative, multi-disciplinary approach in a racially diverse group of athletes and coaches to identify key factors that elevate risk. Addressing and preventing gambling problems requires information on the attitudes, perceptions, and motivations of athletes and coaches who gamble, which have been virtually

unexplored. Findings from this study will drive prevention and intervention strategies in college and university settings.

Strengthening Kentucky's behavioral health workforce to address problem gambling

\$97,964, Kentucky Division of Behavioral Health, Developmental, and Intellectual Disabilities (DBHDID)

Principal Investigator (with Co-I Nower)

2025-Present

The aim of this project is to enhance the ability of the existing behavioral health workforce to understand, identify, and treat problem gambling issues. Through our hybrid training course approved by the International Gambling Counselor Certification Board, we expect approximately 160 current providers will complete the basic education hours necessary to pursue certification as International Certified Gambling Counselors (ICGC-I) and an additional 60 will participate in advanced skills trainings. By expanding the membership of the behavioral treatment workforce equipped to screen for and treat gambling problems, Kentuckians who are experiencing such problems will be more likely identified and triaged to appropriate supports.

Gambling and emerging adults: Understanding risk pathways

\$391,497, International Center for Responsible Gaming

Co-Investigator (with PI Nower, Co-I Anthony, co-I van der Maas)

2023-Present

The overall goal of this Center of Excellence project is to conduct a comprehensive, systematic study of risk factors that impact gambling among emerging adults to inform policy, education, prevention, and treatment efforts. Translational knowledge from this project will be disseminated as evidence-based materials and tools that will be useful for the general public as well as for treatment providers, policymakers, and researchers.

A dynamic framework for gambling treatment: From counselor training through treatment follow-up

\$72,898, Kindbridge, Inc.

Co-Investigator (with PI Nower, Co-I Anthony)

2021-2023

This project establishes a systematic framework for the treatment of gambling and gaming clients in an online environment.

GBIRT: A randomized control trial of Gambling SBIRT in Ohio

\$115,496, Ohio Mental Health & Addiction Services

Co-Investigator (with PI Nower, Co-I Anthony)

2019-2023

This funding was awarded to investigate the effectiveness of a Gambling Screening, Brief Intervention, Referral for Treatment (SBIRT) in identifying individuals who experience gambling problems, evaluate the relationship of Gambling SBIRT to increased treatment utilization, and examine the relationship of Gambling SBIRT to decreases in gambling behavior and gambling severity, and improved mental health functioning in Ohio.

Developing an SBIRT intervention for problem gambling

\$2,850, Rutgers University Research Council

Principal Investigator

2019-2021

This funding was awarded to pay participants at the New Jersey sites for the Gambling Screening, Brief Intervention, Referral for Treatment (SBIRT) project.

SUBMITTED GRANTS (awaiting decision)

Gambling and problem gambling among fraternity and sorority members at Rutgers University: A mixed-methods study to inform harm-reduction resource development

\$19,102, School of Social Work Internal Grant Program

Principal Investigator

Submitted March 2025

The purpose of this project is to examine the nature and prevalence of gambling behavior, key motivations for participation, correlates of higher-frequency and higher-risk gambling, and optimal strategies for education and prevention among fraternity and sorority members at Rutgers University.

PEER-REVIEWED CONFERENCE PRESENTATIONS

Nower, L. **Stanmyre, J. F.**, & Anthony, V. (2025, July 17). *Emerging adult gambling before and after legalized sports wagering*. [Accepted presentation]. National Council on Problem Gambling: National Conference on Gambling Addiction & Responsible Gambling, Columbus, OH, United States.

Stanmyre, J. F. & Nower, L. (2025, July 16). *Not just for sport: Gambling risk among athletes and coaches*. [Accepted presentation]. National Council on Problem Gambling: National Conference on Gambling Addiction & Responsible Gambling Sports Summit, Columbus, OH, United States.

Stanmyre, J. F. & Nower, L. (2025, May 6). *Gambling, behavioral health, and addictive problems of athletes and coaches in a rapidly changing sports landscape*. [Accepted presentation]. Behavioral Health and Equity Research Ideation Forum. New Brunswick, NJ, United States.

Auguste, A.*, **Stanmyre, J. F.** & Nower, L. (2025, April 11). *The relationship between gambling and psychiatric disorders: A systematic review*. [Accepted poster presentation]. Rutgers Training in Addiction Research Program (TARP) Annual Symposium. New Brunswick, NJ, United States.

Nower, L. **Stanmyre, J. F.**, & Anthony, V. (2025, March 27). *Emerging adult gambling before and after legalized sports wagering*. [Accepted presentation]. National Council on Problem Gambling: National Conference on Gambling Addiction & Responsible Gambling Digital Symposium, virtual.

Stanmyre, J. F., DiMeglio, R., & Nower, L. (2024, November 14). *Cultural competency in prevention, screening, and treatment for problem gambling*. [Accepted presentation]. National Council on Problem Gambling: National Conference on Gambling Addiction & Responsible Gambling Digital Symposium, virtual.

Nower, L., Anthony, W.L. & **Stanmyre, J. F.** (2024, April 9-10). *Intergenerational transmission of gambling and other addictive behaviors*. [Accepted presentation]. Mid-Central Problem Gambling Conference. Indianapolis, IN, United States.

Stanmyre, J. F., & DiMeglio, R. (2023, September 28). *Sexual minorities and Latinos: Gambling behavior, risk, and co-occurring concerns*. [Accepted presentation]. The Council on Compulsive Gambling of New Jersey's 41st Statewide Conference on Problem and Disordered Gambling, East Windsor, NJ, United States.

Stanmyre, J.F., Nower, L., & Anthony, W. L. (2023, July 27). *The gambling knowledge and behavior of mental health providers*. [Accepted presentation]. National Council on Problem Gambling: National Conference on Gambling Addiction & Responsible Gambling, Washington D.C., United States.

Nower, L., Anthony, W. L., & **Stanmyre, J. F.** (2023, July 27). *The intergenerational transmission of gambling and other addictive behaviors*. [Accepted presentation]. National Council on Problem Gambling: National Conference on Gambling Addiction & Responsible Gambling, Washington D.C., United States.

Stanmyre, J.F., Nower, L., Malkin, M., & DiMeglio, R. (2023, May 25). *Problem gambling severity and LGBTQ+ status: Evaluating influence of age and comorbid mental health and substance use problems*. [Accepted presentation]. The 18th International Conference on Gambling & Risk Taking, Las Vegas, NV, United States.

Anthony, W. L., **Stanmyre, J. F.,** Mills, D. J., & Nower, L. (2023, May 24). *The nuance of mindfulness among gamblers and video game players: Empirical findings from Latent Profile Analysis and links to intervention for problem gambling and problem video gaming*. [Accepted presentation]. The 18th International Conference on Gambling & Risk Taking, Las Vegas, NV, United States.

Stanmyre, J. F., Anthony, W.L. (2022, September 23). *The nuance of mindfulness: Gambling treatment implications*. [Accepted presentation]. The Council on Compulsive Gambling of New Jersey's 40th Statewide Conference on Disordered Gambling, West Windsor, NJ, United States.

Stanmyre, J. F., Mills, D., Anthony, W.L., Nower, L. (2022, July 22). *Exploring differential profiles of mindfulness among gamblers*. [Accepted presentation]. National Council on Problem Gambling: National Conference on Gambling Addiction & Responsible Gambling, Boston, MA, United States.

*indicates student author

INVITED TALKS AND PRESENTATIONS

Stanmyre, J.F. (2024, February 7). *A latent class analysis of problem gambling risk factors among athletes who gamble*. [Accepted presentation]. Rutgers School of Graduate Studies Research Café series, virtual.

Stanmyre, J.F. (2023, November 8). *Problem gambling and technology use among athletes*. [Invited presentation]. University of Sydney Brain and Mind Centre; Technology, Risk, and Gambling Seminar series, virtual.

Stanmyre, J.F. & Nower, L. (2021-2024; facilitated on four occasions). *Conducting an epidemiological prevalence study: Methodology, measurement, and problem-solving considerations*. [Seminar]. Rutgers University School of Social Work; Measurement PhD course, New Brunswick, NJ, United States.

Stanmyre, J. F. (2023, March 11). Mindfulness among people who gamble: Clinical implications. [Invited presentation]. Association of Professionals Treating Problem Gambling, virtual.

Stanmyre, J. F., Nower, L., & Rugle, L. (2023, January-March; facilitated on eight occasions). *Gambling SBIRT provider training: Reboot*. [Seminar] Ohio Department of Mental Health and Addiction Services partner agencies, virtual.

Nower, L., & **Stanmyre, J. F.**, & Rugle, L. (2022, May; facilitated on three occasions). *Gambling SBIRT provider training*. [Seminar] Ohio Department of Mental Health and Addiction Services partner agencies, virtual.

Nower, L. & **Stanmyre, J.F.** (2021, February 10). *Conducting an epidemiological prevalence study: Methodology, measurement, and problem-solving considerations*. [Seminar]. Rutgers University School of Social Work; Research Methods Working Groups Seminar series, virtual.

Stanmyre, J.F. (2020, April 17). *Legalized sports wagering: Addictive behaviors*. [Invited Panel Presentation]. Syracuse University: Syracuse Sport Business Conference, Verona, NY, United States. (Conference canceled)

Stanmyre, J.F. (2019, October 4). *The impact of the opioid epidemic on children*. [Keynote Address]. Court-Appointed Special Advocates (CASA) of NJ Statewide Annual Conference, New Brunswick, NJ, United States.

TEACHING EXPERIENCE

ACADEMIC

Understanding Addictive Behaviors, Rutgers University, MSW (online), 2020, 2023

Professional Development and Responsibility in Addictions Practice, Rutgers University, MSW (hybrid), 2019

Clinical Social Work: Addictive Behaviors I, Rutgers University, MSW (hybrid), 2018

Measurement (guest lecture), Rutgers University, PhD (in person), 2021-2024

PROFESIONAL TRAINING

International Gambling Counselor Certification, 30-hour Professional Training for ICGC accreditation, Rutgers University, Center for Gambling Studies (online), 2021, 2024

CLINICAL LICENSES

Licensed Clinical Social Work (LCSW)
New Jersey #44SC05736300
May 2017-Present

Licensed Clinical Alcohol and Drug Counselor (LCADC)
New Jersey #37LC00233800
August 2015-Present

CLINICAL EXPERIENCE

Clinical Supervisor
The Kintock Group
April 2016-May 2018

Mental Health & Addiction Counselor
Community Psychiatric Institute
May 2014-April 2016

Intake Coordinator
Community Psychiatric Institute
December 2014-April 2016

Substance Abuse Counselor Intern
Turning Point
August 2013-April 2014

Substance Abuse Counselor Intern
The Kintock Group

September 2012-August 2013

SERVICE

UNIVERSITY/SCHOOL SERVICE

Member, Behavioral Health and Equity Initiative, Provost Strategic Task Force (BHEI PST), 2024-present

Peer Mentor, School of Social Work PhD Program, 2020-present

Member, MSW New Student Orientation Planning Group, 2018-present

Facilitator, MSW New Student Orientation, School of Social Work, 2018-present

Attendee, Professional Development Seminar, School of Social Work, 2018-present

Member, Rutgers Addiction Research Center (RARC) Public Policy Faculty Search Committee, 2022-2024

Member, Re-Opening Work Group, 2020-2022

Course Co-coordinator, Understanding Addictive Behavior, 2018-2021

Re-certification of Addiction Counselor Training (ACT) Certificate Program courses by NJ Certification Board (LCADC), 2019

Course Co-coordinator, MSW/ACT Addictions courses (Clinical Social Work: Addictive Behaviors I; Clinical Social Work: Addictive Behaviors II; Case Management in Addictions Practice; Biology of Addictive Behaviors; Professional Development and Responsibility in Addictions Practice), 2018-2019

Attendee, MSW Open House, School of Social Work, 2018-2019

Presenter, Advanced Program Planning Session, School of Social Work, 2018-2019

PROFESSIONAL SERVICE

Committee Member, *National Council on Problem Gambling: Diversity, Equity, and Inclusion Committee*, 2025-present

Committee Member, *National Council on Problem Gambling: Research Professional Resource Network*, 2025-present

Proposal Reviewer, *National Council on Problem Gambling Agility Grants program*, 2025-present

Ad hoc Journal Reviewer, *Addiction*, 2024-present

Ad hoc Journal Reviewer, *Addictive Behaviors*, 2024-present

Ad hoc Journal Reviewer, *Journal of Gambling Issues*, 2024-present

Ad hoc Journal Reviewer, *BMC Psychology*, 2024-present

Ad hoc Journal Reviewer, *Scientific Reports*, 2024-present

Ad hoc Journal Reviewer, *International Gambling Studies*, 2021-present

Consultant, Gambling Treatment Diversion Court Advisory Group, 2020-present

e-Course Designer, *Opioid addiction and its destructive impact on children*, Court Appointed Special Advocates (CASA), NJ, 2019

PROFESSIONAL AFFILIATIONS

National Association of Social Workers (NASW)

The National Council on Problem Gambling (NCPG)

Rutgers Addiction Research Center (RARC)